Hello Everyone,

I would like to give a heartfelt thanks to all of the students, their friends and family for their support of the recent activities organised by the P and C. It was outstanding to see the number of donations in the class Easter donation boxes!

I have had the great pleasure in tallying up the proceeds handed in so far from the “It’s a Knockout” fundraiser. I was astonished by the generosity and effort from all.

A special mention should be made of those children that went to extra lengths to engage numerous sponsors – namely Joshua A. with 11, Taliah G. with 9 and Lilli G. with 8 as well as those children that were able to raise $50 or more – Riley K., Hollie S., Conor H., Hugo L., Kye P., Henry H., Jacob I. and Abigail I.

What endeared me the most was the generosity siblings showed each other in sponsoring one another. To me it was a great sign of the community spirit and support that we are fostering here. Hopefully the children enjoyed the day with the added benefit of raising close to $2300. To go with this, the sale of the hot cross buns and lamingtons raised $114 and the raffle another $920. All in all, I would like to extend a sincere thankyou and congratulations to the WEPS community as we move one step closer to the purchase of the much anticipated whiteboards.

Shay Macpherson
WEPS P&C President

The next meeting of the P&C is Tuesday 9th April at 7:00pm in the library. All welcome. Please enter by the small gate near the hall.
Cross Country and Request for Cakes/Slices Please

The school cross country carnival will be held this Friday 5th April between 9:00 and 11:00am. Students will line up under the COLA as usual at 8:55 and then proceed to the oval to begin the races.

All students are expected to participate in the cross country events unless they have a note signed by their parent.

The canteen will be open for purchases on the day and weather permitting, a sausage sizzle ($2) will be run for over the counter sales (no orders).

Tea and coffee will be available for parents to purchase. If you are able to donate a cake, slice or cupcakes to sell on the day, please see Sharon Clements or ring on 0438796656. Thank you in anticipation!

Principal’s Morning Tea Tomorrow!

All students who were awarded their Principal’s Certificate this term are invited to the morning tea tomorrow at 10:30.

Keira S.
Anais M.
Adrian Mo.
Eammon M.
Tehya R.
Ryan Ca.
Zac G.
Kyra L.
Hayley Va.
Zoie C.
Riley Co.
Torey Co.
Cara B.
Ryan Fl.
Ruby Th.
Lewis S.
Ellie B.
Majenta C.
Holly Br.

Regional Junior Band Camp and 2013 Program

Students in Years 4-18 who have been learning an instrument for a minimum of 2 years are invited to be part of the ISER Junior Band program. The program has been running for a number of years and members of the group have gone on to be part of the Performing Ensemble and Southern Stars Showband.

Students who play one or more of the following instruments (strings, flutes, clarinet, sax, trumpet, French horn, trombone, baritone, keyboard, bass guitar, percussion) and can read music to grade 2 can join the Concert Band. Guitarists, drums and keyboard are invited to join the Rock Band. Guitarists must be able to read music and know basic chords and progressions.

The program begins with a compulsory 3day/2 night residential camp at Stanwell Tops Conference Centre from Sunday 19th May-Tuesday 21st May. Cost is $190.

Please see Mrs Liddle for nomination forms before the end of this term.

Congratulations to the following students who received Assembly Awards last Thursday

KB – Blair N. for being a friendly and caring class member.
KB – Jackson G. for being a great listener with lovely manners.
KB – Maya P. for excellent work in Reading.
KT – Hugo L. for always being ready to start work.
KT – Emily M. for excellent effort in all areas.
KT – Austin H. for excellent effort in Writing.
1/2C – Finn W. for consistent work in all areas.
1/2C – Ella C. working well in Reading Groups.
1/2C – Zoie C. for application and improvement in his class work.
1/2L – Summer C. for great effort in all areas.
1/2L – Popsy S. for fabulous bookwork.
1/2L – Christian H. for excellent Spelling results.
2M – Brooklyn F. for excellent effort to improve her writing.
2M – Georgie A. for great work in Maths.
2M – Christian J. for excellent effort to improve his writing.
3/4H – Darcy C. for focus and diligence in class.
3/4H – Jemma B. for participation and enthusiasm in all class activities.
3/4H – Imogen C. for being a diligent hard worker in all areas.
3/4P – Genevieve H. for being a helpful and caring class member.
3/4P – Lawrence C. for a consistent and positive approach to learning.
3/4S – Lilli T. for her improved focus in class.
3/4S – Zane S. for his enthusiasm in class.
3/4S – Ruby SW. for her excellent leadership skills.
5/6C – Riley C. for being a consistent steady worker.
5/6C – Lani S. being sure to ask the right questions.
5/6C – Jett L. for being an honest and reliable class member.
5/6E – Phoebe M. for her commitment to class activities and willingness to help.
5/6E – Jarryd G. his quality and maturity towards classwork.
5/6E - Emma B. for her impressive high standard of classwork.
5/6H - Jake McD. for leadership.
5/6H - Allan O’K. for great work in debating teams.
Library - Julia T. for getting hooked on reading (5/6H)
Library - Lochlan G. for his growing interest in books (3/4H)
Library - Alinea P. volunteering to complete her work at lunchtime. (3/4S)

Tips to encourage children to eat more vegetables and fruit in the home

- Be a role model. Let your kids see you eating and enjoying vegetables, fruit and water.
- Give children multiple opportunities to try new foods. Children need to be offered a new food a number of times. If they say they don’t like something after a first taste, don’t take it off the menu straight away.
- Get the kids involved when choosing and buying fresh vegetables and fruit.
- Get the kids growing vegetables and herbs. If children are involved in the growing of herbs and vegetables, they are more likely to try eating them.
- Get the whole family preparing vegetables and fruit for family meals. This helps kids become more familiar with them. They’re more likely to try something they’ve prepared. Even young children can get involved in tearing up lettuce!
- Make vegetables and fruit easy to see. Keep a bowl of fruit on the kitchen table. Prepare some vegetable sticks and keep them in a container at the front of the fridge at children’s eye level.
- Complete the Crunch&Sip® At Home Challenge. This can be downloaded from Healthy Kids Association website – www. healthy-kids.com.au.

COMMUNITY NOTICES

Fire Phoenix Martial Arts

MARTIAL ARTS CLASSES FOR ALL AGES!

Fire Phoenix Martial Arts offers classes in traditional martial arts for children as young as 2 years old through to adults.

Students are taught in a family friendly, supportive environment in age specific classes.

TWO WEEKS FREE TRIAL OF UNLIMITED CLASSES

QUOTE RVPS1FREE

335 Princes Highway Woonona

Ph 4284 3078  www.firephoenixmartialarts.com

JEM LOAN SERVICES

John Montgomery P.O. Box 47 Woonona NSW 2517

www.jemloans.com.au

- Home Loans
- No-Doc
- Lo-Doc Loans
- Investment Loans
- Development Loans
- Commercial Loans
- Construction Loans
- Car Leasing
- Equipment Leasing
- Hire Purchase
- Business Loans
- Re-Finance
- Debt Consolidation
- Credit Impaired
- Bridging Loans
- Income Protection
- Life Insurance
- Property Sales

BETTER LOANS TO SUIT YOU
In pumpkin science we figured out what the mass, circumference, and displacement are.

For mass, we used a scale to weigh each pumpkin. We found that all the pumpkins had a mass of 5g.

For circumference, we used a measuring tape to measure the circumference of each pumpkin. The measurements were as follows:

- Pumpkin A: 30cm
- Pumpkin B: 28cm
- Pumpkin C: 32cm
- Pumpkin D: 26cm

For displacement, we put water in a bucket and measured how much water was displaced by each pumpkin. The results were:

- Pumpkin A: 15L
- Pumpkin B: 10L
- Pumpkin C: 12L
- Pumpkin D: 17L

This helped us figure out the displacement of each pumpkin.

In the past four weeks we have measured the circumference and displacement of pumpkins. Displacement measures how much water was displaced if you put something in a bucket. Circumference measures how much water was in a circle if you put a tape measure around it. We used these measurements to understand how much water each pumpkin could hold.